

2019

PSYCHOLOGY AND SOCIOLOGY OF SPORTS

Paper : MPCC - 402

Full Marks : 70

The figures in the margin indicate full marks.

*Candidates are required to give their answers in their own words
as far as practicable.*

1. Define motor perception. Discuss about the factors affecting perception. Explain perceptual mechanism. 2+8+5

Or,

Define motor learning. Explain the three stages of motor learning. Explain any one theory of motor learning. 2+3+10

2. Define motivation and its types with suitable examples. Explain the role of motivation in sports performance. 2+5+8

Or,

Define anxiety. Explain some general symptoms of anxiety in sports. Explain negative and positive contribution of anxiety on sports performance. 4+5+6

3. What do you mean by Sports Sociology? Write an essay in brief on sports and politics. How we can apply sports as a medium of National integration? 4+6+5

Or,

What do you mean by Leadership? Explain leadership theories. Describe the role of Leadership in Sports performance. 4+6+5

4. Write short notes on *any two* : 7½×2

- (a) Aggression and Sports performance
- (b) Group dynamics
- (c) Socio economic status of sports
- (d) Sports and women empowerment.

Please Turn Over

5. Answer *any ten* MCQ questions. Select the correct alternative and write the answer on script. 1×10

- (a) First Sports Psychology laboratory was founded by :
- (i) S. Freud (ii) C. Diem
(iii) A. Driver (iv) Stanley Hall.
- (b) Who was the first sports psychologist in America?
- (i) C. Griffith (ii) H. Feyol
(iii) Galen (iv) Mcdugal.
- (c) The Gestalt psychologist learned their 'Principles of Organization' from the study of –
- (i) Perception (ii) Attention
(iii) Sensory experience (iv) Insightful learning.
- (d) William James characterised the perception of an infant as a :
- (i) Blooming buzzing confusion (ii) Haphazard Stimulation of nerve cells
(iii) Stimulation of nerve cells in the eyes (iv) Stimulation of rods and cones.
- (e) Who developed the 'Retinex Theory' of colour perception?
- (i) Thomas Young (ii) Hermann Von Helmholtz
(iii) Edward Herring (iv) Edwin Land.
- (f) All of the following are parts of Freud's structure of the personality except the :
- (i) Id (ii) Self
(iii) Superego (iv) Ego
- (g) Dynamic psychology is the psychology of :
- (i) Perception and Attention (ii) Learning and Memory
(iii) Personality and Intelligence (iv) Motivation and Emotion.
- (h) Sociology is a science that deals with :
- (i) Social Group (ii) Social facts
(iii) Study of society (iv) All of these.

- (i) Match List-I with List-II and write the correct answer from the code given below :

List-I

- (i) Esteemed needs
- (ii) Social needs
- (iii) Safety needs
- (iv) Psychological needs

List-II

- 1. Primary needs of organism
- 2. Protection and security
- 3. Needs to think about fellow human being
- 4. Selfish and egoistic

Code : (i) (ii) (iii) (iv)

(A) 4 3 2 1

(B) 4 3 2 1

(C) 1 2 3 4

(D) 3 2 1 4

- (j) Match List-I with List-II and write the correct answer from the code given below :

List-I

- (i) Anxiety
- (ii) Aggression
- (iii) Stress
- (iv) Fear

List-II

- 1. Rational emotional reaction
- 2. Feeling pleasure
- 3. Imposed an event related
- 4. Infliction of harm
- 5. Anticipation of danger

Code : (i) (ii) (iii) (iv)

(A) 5 4 3 1

(B) 2 4 3 1

(C) 5 4 3 2

(D) 1 2 5 4

- (k) Which of the following is not included in B5 personality traits?

- (i) Submissiveness
- (ii) Agreeableness
- (iii) Extraversion
- (iv) Neuroticism.

- (l) The growth of sport has given rise to the growth of

- (i) Sporto-metrics
- (ii) New sports disciplines
- (iii) Sports economics
- (iv) Psychosocial sports industry.